

June Newsletter

Garden Patch CLC

I remember when I was a brand new mom. I was sleep deprived, emotional, and trying to figure everything out and quickly. I was trying to do all the things and feeling like I was failing at the same time. I remember searching for the best ways to do things to try and get rid of the free-falling feeling I was experiencing. What I found though was that parenting is really an in-the-moment adventure.



Having a newborn meant that I was only seeing small bursts of sleep (and I treasure sleep! Who doesn't love a good nap?). Those with kids just a little older than mine would tell me to focus on the cuddles and the sleep I was getting because soon I would have a child who was teething and then there would be fussiness and chaos added. Once I reached the point of a teething pain-ridden older infant, parents with children slightly older would tell me that this phase would pass and to enjoy it because soon I would have a three- or four-year-old and those years were just pure mayhem.



Summer activities are on the horizon and all ages are excited to keep learning and have some fun! Make sure to check out the June calendar to see the fun each age group is able to experience.

What I soon began to realize is that no matter what stage a child is in there are highs and lows. There are things that are incredibly easy and stages that are difficult and elicit tears. However, as the mom of a now 11 and almost 9 year old, I can tell you those difficult and tear-eliciting moments are pushed pretty far back in my memory. I can remember them, but they don't sting quite as badly and the good memories definitely leave a bigger impact.

I find myself now a more-seasoned (but by no means all-knowing) mom much more likely to not give advice, but instead empathy. Being a parent is hard. We are all trying to raise the best possible tiny human we can. A tiny human that comes with their own free will (some of which are much stronger than others!), their own ideas, and their own methods to get things done.

With all this being said, give yourself a pat on the back and know that you have made it through difficult moments and made some absolutely amazing memories. Parenting isn't easy, but getting a hug or a smile or an "I love you" makes all those moments worth it.

May your day be filled with many amazing memories.

Jill L. Weidenbach,
Director

June Birthdays

JoJo H.	June 1
Naomi R.	June 3
Ryan R.	June 4
Benson S.	June 7
Landon S.	June 9
Analeigh K.	June 18
Cooper O.	June 18
Beckham W.	June 27

Strawberries & Cream Popsicles

3 c. fresh strawberries, washed & hulled
3/4 c. pineapple juice

1 c. nonfat vanilla Greek yogurt
2 Tbsp agave or stevia (optional)

Add all ingredients to a blender. Pulse until incorporated. If you like chunks of strawberries in your popsicles, pulse to incorporate.

Pour into a popsicle mold and freeze for 6 hours.

To unmold, gently run the bottom of the mold under warm water.

Enjoy!



A Long Overdue Congratulations

Mr. Charlie — Pre-K Teacher

In August 2024, Mr. Charlie graduated from the University of Nebraska—Lincoln with a bachelor's degree in education and human sciences. Last month his congratulations was not included and we wanted to share how proud we are of his accomplishments.

Mr. Charlie started at Garden Patch in December 2023 as a teacher in the Dragonflies room. Eventually he began opening the center each morning. This summer, Charlie moved to pre-k, where in the fall he will be the teacher in the Daisies room. Congratulations, Charlie!



Just a reminder we will be closed
Friday, July 4th
in observance of 4th of July



June Summer Activities Calendar

Master June 2025

School-age (SA I)
School-age (SA2)
Daisies & Snapdragons (DS)
Dragonflies (DG)

Grasshoppers (G)
Caterpillars (C)
Ladybugs (L)
Bumblebees (B)

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Carousel's 10:00 @ the center (B, L, G, C, DG, DS, SA1, SA2) Water Day (SA1, SA2)	4 Lilo & Stitch @ Village Point 10:00 (SA1, SA2)	5 Bike Day (DS)	6 Lilo & Stitch @ Village Point 10:00 (DS) Bike Day (GC)
9 Dr. Oxygen 10:00 (L, G, C, DG, DS, SA1, SA2)	10 Water Day (SA1, SA2)	11 Bellevue Berry Farm 10:00 (SA I) Bike Day (L)	12 Bellevue Berry Farm 10:00 (SA2)	13 Bellevue Berry Farm 10:00 (DS) Bike Day (DG)
16 Metro Stars 10:00-11:00 (DG)	17 Bounce Houses (B, L, G, C, DG, DS, SA1, SA2) Water Day (SA1, SA2)	18 Prehistoric Putt-Putt 10:00 then The Grove Park (SA I)	19 Prehistoric Putt-Putt 10:00 then The Grove Park (SA2) Bike Day (DS)	20 Prehistoric Putt-Putt 10:00 then The Grove Park (DS) Bike Day (GC)
23 Snapology @ the center 9:00-10:00 (SA I) 10:00-11:00 (SA2)	24 Omaha Percussion 10:00 @ the center (L, G, C, DG, DS, SA1, SA2) Water Day (SA1, SA2)	25 Skate City 12:00-2:00 (SA I) Bike Day (L)	26 Skate City 12:00-2:00 (SA2)	27 Skate City 12:00-2:00 (DS) Bike Day (DG)
30 Kona Ice 10:00 @ the center (B, L, G, C, DG, DS, SA1, SA2) Water Day (B)				

Extra Clothes Reminder

Just a reminder to double check the extra clothes your child has here. Check for size and season appropriateness.

We ask that each child has a set or two of extra clothes. Even those who have been potty-trained for a long time can have an accident, spill milk, or jump in a puddle.

We appreciate your help with this!

Change Jobs?

Get a new phone number?
Update your email address?

Stay current on all Garden Patch news by letting us know if your contact information has changed.

Stop by the front desk to get your information updated today.



June Toddler & Preschool Themes

Week of June 2 Week of June 9 Week of June 16 Week of June 23 Week of June 30	Fun in the Sun Pet Shop Carnival Sports Stars & Stripes
<u>Toddler Numbers of the Month</u> 21, 22, 23	<u>Preschool Numbers of the Month</u> 36, 37, 28
<u>Color of the Month</u> Rainbow	<u>Letters of the Month</u> Review
<u>Shape of the Month</u> Pentagon	<u>Preschool Assessment Focus of the Month</u> Review
Social Skill of the Month: Helping Each Other	

Important Days in June & July

Week of June 2 — Summer activities begin

Friday, June 13 — Donuts with Dad

Thursday, July 3 — Wear Red, White, & Blue